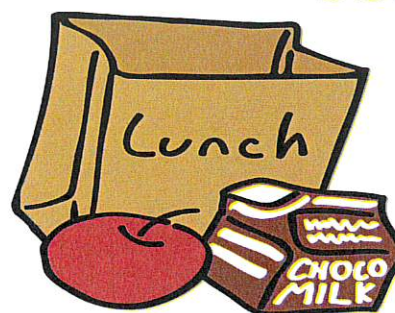


# September 2020

# Packed Lunch



|           | Week One  | Week Two  | Week Three  |
|-----------|---|---|---|
| Monday    | Cheese and Tomato Pizza (v)<br>Cucumber Sticks<br><br>Ginger Biscuit<br>Fresh Fruit Juice         | Hot Tomato Pasta (v)<br>Garlic Bread<br><br>Shortbread Biscuit<br>Fresh Fruit<br>Bottle Water             | Cheese and Tomato Pizza (v)<br>Salad<br><br>Iced Sponge<br>Milk (plain)                               |
| Tuesday   | Tuna - Chicken Cheese (v)<br>Wrap Salad<br><br>Chocolate Cookie<br>Bottle Water                   | Cheese Whirl (v)<br>Jacket Potato Wedges<br><br>Fruit Yoghurt<br>Fresh Fruit Juice                        | Hot Dog<br>Vegetarian Hot Dog (v)<br>Mini Waffles<br>Cherry Tomatoes<br><br>Oat Cookie<br>Fruit Juice |
| Wednesday | Vegetarian Sausage Roll (v)<br>Noisette Potatoes<br><br>Apple Muffin<br>Fresh Fruit Juice         | Tuna or Chicken Cheese (v)<br>Sandwich Salad<br><br>Chocolate Fudge Cake<br>Bottle Water                  | Tuna - Chicken Cheese (v)<br>Wrap Salad<br><br>Fruit Yoghurt<br>Bottle Water                          |
| Thursday  | Tuna - Chicken Cheese (v)<br>Sandwich Salad<br><br>Iced Sponge<br>Milk (plain)                    | Beef Burger/Veg Burger (v)<br>Served on a Bun<br>Chips<br><br>Fruit Yoghurt<br>Fresh Fruit Juice          | Meat and Potato Pasty<br>Cheese Pasty (v)<br><br>Orange Crunch Muffin<br>Fresh Fruit Juice            |
| Friday    | Fish Finger Wrap<br>Chips<br>Filled Jacket Potato (v)<br>Salad<br><br>Fresh Fruit<br>Bottle Water | Harry Ramsden Fish<br>Mini Waffle<br>Filled Jacket Potato (v)<br>Salad<br><br>Fresh Fruit<br>Milk (plain) | Fish Finger Bap<br>Chips<br>Filled Jacket Potato (v)<br>Salad<br><br>Fresh Fruit<br>Bottled Water     |

Please note:

*Wrap and Sandwich days will be either Fish or Meat e.g. (Chicken or Tuna) and a Vegetarian option e.g. (Cheese)*